

*Engaged Adults, Thriving Youth.*

# ENGAGE

Douglas County

# GOOD BEHAVIOR GAME

## About the Program

The PAX Good Behavior Game (PAX GBG) is an environmental strategy used in the classroom to create a nurturing environment that is conducive to learning. GBG is not an added curriculum but rather an innovative way to improve classroom management.

The intervention is designed to reduce off-task behavior, increase attentiveness, decrease aggressive and disruptive behavior, as well as shy and withdrawn behavior.

We also offer PAX Tools in the home as it works as a community companion to PAX GBG, utilizing the same science and applying it in a way that encourages nurturing environments in settings outside the classroom.

These strategies help parents and caregivers to reduce conflict and improve relationships with children in their care. The strategies are simple and can be utilized with children of any age.

## What does this program do?

PAX GBG is aligned with SAMHSA's six key principles of Trauma-Informed Approach to meet the needs of children who have experienced Adverse Childhood Experiences (ACEs) or other trauma. It also is easily adapted to build success for children with special needs or to be used for Positive Behavioral Interventions and Supports (PBIS) Tier 2 and Tier 3 interventions to help all students be successful in the classroom.

The PAX Good Behavior Game is currently being implemented in Douglas County and we are continuing to train community educators to spread PAX tools!

## PAX is proven prevention

- Improves academic performance and graduation rates
- Improves family relationships
- Improves life outcomes (substance misuse, suicide)
- Increases prosocial behavior
- Reduces disruptive and inattentive behaviors
- Reduces stress for teachers
- Reduces symptoms of mental, emotional, and behavioral disorders

<https://www.engagedouglascounty.org/good-behavior-game>