



Engage Douglas County
January 25, 2021

Mission: Mobilize and empower Douglas County to reduce substance abuse and promote mental health primarily among youth through action, education, and collaboration.

1) Welcome and Introductions

Alex Wiebel, Deanne Armstrong, Crystal Bennett, Anthony Lewis, Chrissy Mayer, Krista Machado, Lydia Fuqua, Derrick Hurst, Cassy Bailey, Erin Harmon, Gary Bunting, Heidi Garcia, Jose Cornejo, Kevin Harrell, Kim Polson, Laura McCulloch, Mark Preut, Lori Alvarado, Meg Fowler, Paul Dorathy, Steve Splichal, Tobias Harvey, Traci Dotson, Valorie Carson, Pam Weigand, Bob Tryanski

2) Drug Free Communities Award and Grant Overview

Engage Douglas County was awarded DFC funding in December. This is a five-year award with two primary goals – increasing community collaboration and reducing youth substance use. We will focus on alcohol and marijuana as our primary substances. We are required to have a mission statement that focuses on youth substance use, an action plan, and engagement of 12 community sectors. We are required to collect data on four core measures (alcohol, tobacco, marijuana, and prescription drugs) and report this at a minimum of every two years. We will begin identifying subcommittees of the coalition to help move this work forward.

3) Data Collection Results and Discussion

Deanne shared an overview of the data collected from both parent and youth surveys that were administered in November and December. We had great participation (400+ youth, 1,000+ parents). Small groups discussed the data and collected some notes in a Google Doc. We'll continue to review this feedback to help plan next steps. A copy of the power point is included with the notes. Written data summaries are available for anyone who is interested.

4) Coalition Capacity Survey Results

This agenda item will be held until March. Initially, we will begin exploring recruitment of new members to help broaden our reach in the community.

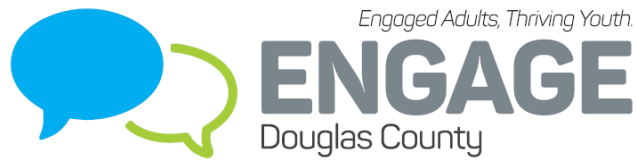
5) Prepped and Ready Summary and Feedback

There were 237 parents in attendance at this event. Feedback was positive overall; however, some parents were hoping for more specific information related to a specific incident related to their child. We are considering offering this again later in the spring. Coalition members shared positive feedback about the session as well.

6) Douglas County Youth Prevention Board (DCYPB) Update

DCYPB currently has 13 members. We continue to seek for engagement from students in Lawrence, Baldwin, and Perry Lecompton. If you have students who are interested, please contact Lydia at lfuqua@dcca.org for more information.

In November, DCYPB participated in a Great American Smoke Out event and provided color changing bracelets to high schools in the county. They received prevention advocacy training



from Jordan Roberts (KDHE) and Laura McCulloch (LDCPH). In December, they hosted a 30-day mental wellness challenge on their Instagram.

Youth are currently conducting a digital scavenger hunt to help stop the spread of COVID. This was developed as part of the Kansas Beats the Virus initiative through the Kansas Leadership Center. High school students who participate will receive a mask and be entered to win a \$50 gift card. Please encourage high school students to participate - <https://www.surveymonkey.com/r/M8J68TR>

DCYPB also has social media accounts to follow –
DCYPB Instagram - <https://www.instagram.com/dcypb/>
DCYPB FB - <https://www.facebook.com/DCYPB/>

7) Website Development – Create Uplift

Tobias Harvey from Create Uplift is working on an Engage Douglas County website as a resource for parents and teens in the county related to behavioral health. His agency also is working on social media efforts to promote substance use prevention and mental health promotion. More information will be shared as content is developed.

8) Sources of Strength Implementation Update

Meg and Lydia reported that they presented information on Sources of Strength at the Kansas Prevention Collaborative Conference. They also have conducted mini trainings with Lawrence College and Career Academy, Lawrence High School, and Eudora Middle School. Eudora High School completed training in November and has been implementing well. Any school in the county can request a mini training to learn more.

Meg and Lydia will be partnering with LDCPH to provide a lunch and learn as part of the community well-being branch of Unified Command highlighting suicide data during the pandemic in Douglas County and how Sources of Strength can be a resource. This will likely be in March.

9) Open Collaboration

- Resiliency Coalition – No updates provided
- Suicide Prevention Coalition – No updates provided

10) Next Meetings - March 2021, May 2021, July 2021, September 2021, November 2021
Calendar invitations will be shared for future meetings.